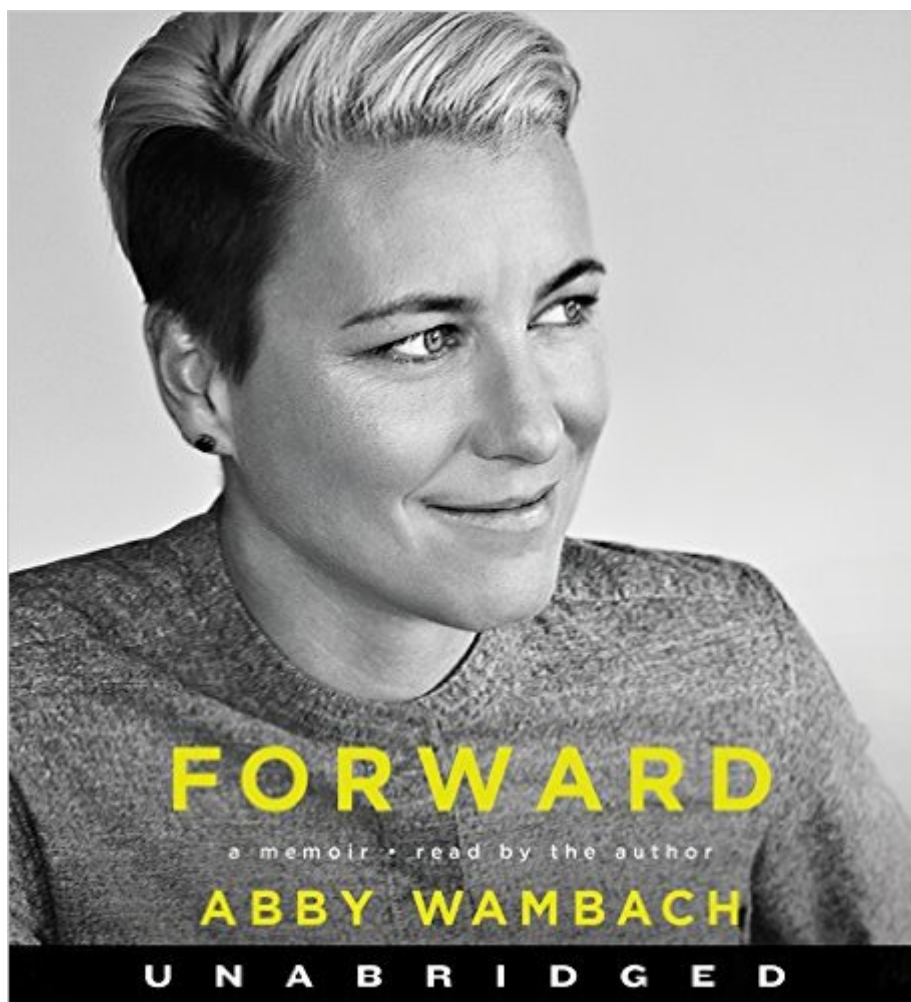


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# Forward CD: A Memoir



## Synopsis

Abby Wambach has always pushed the limits of what is possible. Named by Time magazine as one of the most influential people of 2015, the iconic soccer player captured the nation's heart when she led her team to its recent World Cup Championship. Admired for her fearlessness and passion, Abby is a vocal advocate for women's rights and equal opportunity, pushing to translate the success of her team to the real world. She has become a heavily requested speaker to a wide range of audiences, from college students to executives at Fortune 500 companies. In *Forward*, Abby recounts her own decisions, wins, losses, and the pivotal moments that helped her become the world class athlete and leader she is today. Wambach's book goes beyond the soccer field to reveal a soulful person grappling universal questions about how we can live our best lives, and become our truest selves. Written with honesty and heart, *Forward* is an inspiring blueprint for individual growth and a rousing call to action.

## Book Information

Audio CD

Publisher: HarperAudio; Unabridged edition (September 13, 2016)

Language: English

ISBN-10: 0062561847

ISBN-13: 978-0062561848

Product Dimensions: 5.2 x 0.8 x 5.7 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars See all reviews (35 customer reviews)

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## Customer Reviews

This is the first time I've read a memoir from beginning to end without putting it down once.

Captivating. It takes a lot of courage to put all these shortcomings out there for the world to read. At the same time this is another good reminder for us fans, that behind the fame these celebrities are real human beings dealing with real issues. Would recommend this book.

I waited up until midnight for this book to download I am such a fan of Abby's that I built a pedestal in my mind of how I wanted to be as brave as her. And not knowing all the struggles Abby was

going through the last few years believe it or not all the struggles I've been going through her confidence her spirit gave me hope in life to know that someone has the passion to fight for themselves and others. This is an amazing book at the end I was crying for I feel even with lost you can find so much to gain in finding yourself again. I wish Sarah and Abby would have found there way back to each other but in the end I wish them peace and love. Thank you for sharing your story, as always

Incredibly revealing and introspective, this memoir gives you a sense of the perfectly imperfect stellar Abby. I read it all in one sitting, and was impressed by what she chose to share. Loved her before, and since reading her story, love her even more.

I can't say for sure if she did or didn't have a ghost writer but it felt very accessible and honest. If you want a bunch of NWSL or USWNT gossip- this isn't for you. I was impressed with Abby's willingness to tear away all facades and write frankly about her life. Even if you aren't a hardcore soccer fan there are universal truths discussed with honesty and humanity. I read the whole thing in one day.

I bought this book today around 9 this morning and spent the rest of my day reading it. Reading this book and learning more about her private and public triumphs and faults from her POV was amazing. It brings you on a rollercoaster ride of emotions. You feel the pressure of gravity going up the steep incline when you learn about how she struggled with her addictions and seeing how and when it developed into a major problem. Then enjoy the weightlessness of the plunge when she explains her thoughts before and after amazing events like the outstanding goal against Brazil. This book is filled with these moments, some extremely private and moments we all know too well and I would highly recommend this book to anyone. Even if you dislike her, this book will explain a lot about why she is the person we know now and what led up to the decisions she has made.

Many may be judgemental of the author, but I say good for her. It takes courage to acknowledge these demons and while parts were heartbreaking to read, good for her to be this honest and real. Highly recommend this read.

When you stand up and tell the truth you free yourself. Keep looking and moving forward, the best is yet to come. I really appreciate your honesty and your openness that's a hard task to do when your

talking about yourself.

Confronting the truth is hard and Abby does exactly that in her book by Confronting her demons and sharing for everyone to see. I wish her the best in her journey in love and in life. Thank you for sharing and I hope this helps someone who is struggling with their own demons.

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